



THE ORIENTAL
Bar Restaurant

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THE ORIENTAL
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Lunch menu





THE ORIENTAL EXPRESS LUNCH MENU

AVAILABLE 12.00-5.00 PM

Starters and mains will be served at the same time unless requested

SOUPS or STARTERS - only £3.50

MAIN COURSE - only £5.99

2 COURSE SET MEALS - £7.95

Choose one of each course (add £ 1.00 extra for seafood on mains)

2 COURSE WITH SPECIAL MAINS - £9.95

Choose one soup or starter and one special mains

Please note we can serve any dishes of your choice from the A-La Carte menu during lunch time

STARTERS

SOUPS - £3.50

CHOOSE FROM Chicken, Prawn, Mixed Vegetables or Mixed Seafood (*where available*)

- S1 MISO SOUP (v) (*Japanese*) Delicately flavoured soy based soup with tofu, seaweed & spring onions
- S2 HOT AND SOUR SOUP (*Chinese*) Chicken or mixed vegetable - A heavy sour and spicy soup in a rich, tasty stock
- S3 WONTON SOUP (*Chinese*) Stuffed savory dumplings served in a rich broth
- S4 TOM YUM (*Thai*) Spicy Thai soup with lemon grass, mushroom, fresh chilli and lime leaves
- S5 TOM KHA (*Thai*) Chicken or vegetables with galangal, lemon grass and lime leaves in coconut milk

SALADS - £3.50

- S6 NIWATORI CEASAR SALAD (*Japanese*) Creamy Caesar salad topped with grilled chicken
- S7 YUK SUNG [LETTUCE WRAP SALAD] (*Chinese*) Choice of minced chicken, pork or vegetable wrapped in crispy iceberg lettuce
- S8 LAAB GAI (*Thai*) Minced chicken with spring onions, thai parsley, shallots, dried chilli, roasted ground rice and lime juice served on crispy iceberg lettuce
- S9 GADO GADO (*Malaysian*) Salad of bean sprouts, cucumber strips, carrots, tofu, and boiled egg.
Served with satay sauce

GRILLED/FRIED - £3.50

- S14 BUTTER PRAWNS (*Malaysian*) Very popular starter – King prawns with butter, curry leaf and fresh chilli
- S15 CRISPY AROMATIC DUCK (*Chinese*) Shredded crispy duck served with pancakes spring onions and cucumber and hoisin sauce
- S16 BARBEQUE SPARE RIBS (*Chinese*) Pork spare ribs marinated in Chinese capital sauce
- S17 SPRING ROLLS (v) (*Thai*) Crispy spring rolls stuffed with vermicelli and white cabbage served with plum sauce
- S18 MIXED VEGETABLE TEMPURA (v) (*Japanese*) Crispy and lightly battered broccoli, carrots, onions and asparagus with tempura dipping sauce
- S19 PRAWN TEMPURA (*Japanese*) Crisp, lightly battered jumbo prawn with ginger tempura sauce
- S20 KEPAK AYAM GORING [SPICY CHICKEN WINGS] (*Malaysian*) Deep fried spicy chicken wings served with chilli dipping sauce
- S21 CORN CAKES (v) (*Thai*) Sweetcorn seasoned and mixed with flour before being formed into a cake and deep fried, served with plum sauce

SATAYS

A traditional Malay delicacy comprising of marinated small pieces of meat placed on bamboo skewers and grilled to perfection, complemented with satay sauce

- S10 CHICKEN SATAY 2 skewers
- S11 LAMB SATAY 2 skewers
- S12 BEEF 2 skewers
- S13 YAKATORI (*Japanese*) 2 skewers - Grilled chicken or beef and spring onions on skewers with teriyaki sauce and sesame seeds

MAINS

CHOOSE FROM Chicken, Beef, Pork, Lamb or Mixed Vegetables - £5.50

Prawns - £6.50

All mains served with complementary steamed jasmine rice excluding noodle dishes

CURRY DISHES

- M1 GREEN (*Thai*) Aubergines, red chili, sweet basil and lime leaves cooked in coconut milk
- M2 YELLOW (*Thai*) Cooked in coconut milk with potato and onions
- M3 MASSAMAN (*Thai*) Cooked in coconut milk with potato, onions and peanuts
- M4 KARI (*Malaysian*) Just the right blend of spices for an authentic taste flavoured with coconut milk, coriander fresh ginger garlic chillies and curry leaves

STIR FRIED DISHES

- M5 RENDANG (*Malaysian*) This hot, dry spiced dish of tenderly simmered meat offers the typical Malaysian taste of coconut, balanced with robust and tangy spices
- M6 SAMBAL (*Malaysian*) Cooked in a classic Malay sauce; a spicy robust sauce made with chillies, shallots, garlic, stewed tomatoes, tamarind paste and dried shrimp paste
- M7 SWEET AND SOUR SAUCE (*Chinese*) Fresh red and green peppers with pineapple in a classic sweet and sour sauce
- M8 BLACK BEAN SAUCE (*Chinese*) Fresh red and green peppers flavoured with black bean sauce
- M9 GARLIC AND GINGER (*Chinese*) Cooked with onions
- M10 KUNG PAO (*Chinese*) Cooked with spring onion, cucumber, mix pepper, onion and peanuts in a hot pepper kung pao sauce
- M11 SZECHUAN SAUCE (*Chinese*) Cooked with carrots, sugar snap and celery, with red chili in a spicy Sichuan sauce
- M12 TERIYAKI SAUCE (*Japanese*) With mushrooms in teriyaki sauce

NOODLES

- M13 SINGAPORE (*Chinese*) Wok fried vermicelli with prawns, diced chicken and vegetables with a light curry sensation
- M14 PAD THAI (*Thai*) Rice noodles cooked with tamarind, peanuts, bean sprouts and spring onions
- M15 VEGETABLE CRISPY NOODLES (*Chinese*) Crispy egg noodle with fresh seasonal vegetables and garlic
- M16 NASI GORENG (*Malaysian*) Popular rice dish served with shrimps, diced chicken and sambal paste

MAINS SPECIALS - £7.50

- M17 ROAST DUCK IN TAMARIND SAUCE (*Thai*) With shredded cucumber and tamarind sauce
- M18 FISH FILLET WITH HUNAN SAUCE (*Chinese*) With red & green pepper and onions
- M19 TERIYAKI SALMON STEAK (*Japanese*) Pan fried salmon steak in teriyaki sauce
- M20 BLACK TIGER PRAWNS (*Chinese*) Stir fried with asparagus tips and garlic

**We can adjust the spiciness of your food to suit. Please ask our staff.
Please note that many dishes are prepared with, or contain nuts or nut products.**